SAFETY MANAGERS, AT-HEIGHT WORKERS, PROFESSIONAL RESCUEERS

You can consider Vertical Rescue Solutions™ by PMI the solution of choice for saving lives through regulatory compliance, instruction, and hands-on training. Our staff directs learning towards the individual and your specific needs, while maintaining instruction and application of the standards and skills necessary for performing your responsibilities at your highest potential. Whether you work in technical rope rescue situations, industrial rescue, fire, EMS, mountain rescue, wind, or another industry at height, VRS™ Instructors use their knowledge gleaned from their various backgrounds to create a better learning environment for participants.

Who are VRS™ Instructors?

When you hire Vertical Rescue Solutions™ by PMI, you receive training from an Instructor focused on your safety and industry standards compliance, while you learn skills and techniques your life depends upon.

VRS™ Instructors come from a varied background of experiences and industries, and collectively continue their knowledge base by staying current in many industries where work at height is performed. Our expert staff is continually adding hands-on experience to their repertoire, while also participating as active members on multiple committees, standards groups, and organizations.

Visit our “About Us” page online to see more about those who work to help you stay safe: verticalrescuesolutions.com/about-us/who-we-are/

VRS™ Approved Trainers

Visit the VRS™ website for list of current VRS™ Approved Trainers in YOUR area: verticalrescuesolutions.com/approved-trainers/

See page 17 for more information on how to become a VRS™ Approved Trainer for your industry.

Why is compliance important?

Because year in and year out, falls remain the leading cause of death for workers worldwide. Safety education and rescue training for at-height workers is essential for a safer work environment.

STANDARDS AND REGULATORY RESOURCES

PMI puts major funding and time into supporting the development of consensus standards for safety in work and rescue.

American National Standards Institute (ANSI)
202-293-8020  www.ansi.org
Voluntary consensus standards pertaining to work and industry, including fall protection, safety equipment, etc. ANSI is the official USA contact for ISO standards.

National Fire Protection Association (NFPA)
617-770-3000  www.nfpa.org
Industry consensus standards pertaining to public and firefighter safety. Pertinent standards include professional qualifications, technical rescue, and life safety rope and equipment.

Occupational Safety and Health Administration (OSHA)
800-321-OSHA (6742)  www.osha.gov
Federal regulatory agency regulating workplace safety through mandatory regulations. Pertinent regulations include fall protection and confined space.

PROFESSIONAL ORGANIZATIONS

American Society of Safety Engineers (ASSE)
847-699-2929  www.asse.org
America’s oldest and largest professional safety organization for professionals managing, supervising and consulting on safety, health, and environmental issues.

National Association of Tower Erectors (NATE®)
605-882-5865  www.natehome.com
A non-profit trade organization providing a unified voice for tower erection, maintenance, and service companies.

Society of Professional Rope Access Technicians (SPRAT®)
www.sprat.org
Resource for information, networking, and support for companies and workers who use on-the-job rope access techniques.

Please see page 19 for VRS™ course enrollment procedures.

Don’t see the course you are looking for? Contact VRS™ for special inquiries or custom courses.

To participate in Open Enrollment courses at our PMI training facility, visit:

VERTICALRESCUESOLUTIONS.COM/COURSES

Unless otherwise noted, prices quoted for all VRS™ Courses are for USA. All prices subject to change.
EMERGENCY ESCAPE OPTIONS
Work at height is often unpredictable. For this reason, PMI offers several different types of “bailout” kits for various applications.

WHAT YOU LEARN:
This Emergency Escape course provides familiarity with a variety of different types of personal escape solutions, allowing you to focus in on application and use specific to your needs and environment. Whether you choose the Element Kit, the Micron Kit, the HOT X-It Kit, or the Emergency Bailout Kit, you’ll learn personal escape techniques that you can use, and you’ll get plenty of practice to help combat panic in an emergency.

1 Day  |  Open Enrollment  |  At your US Location
--- | --- | ---
$350/student  |  $2,700/6 students
VR63006  |  VR63007
EMERGENCY ESCAPE FOR THE WIND ENERGY PROFESSIONAL

When your job involves work on wind turbines, you need to be prepared for the unexpected. Vertical Rescue Solutions™ by PMI offers custom Personal Escape Solutions instruction that suits both your needs and your environment.

WHAT YOU LEARN:
We can also help you decide which PMI Personal Escape Solution best meets your unique needs. The ultra lightweight Micron Personal Escape Solution, with its fire-resistant Technora™ 6.5 mm rope, features an auto-locking “panic mode” if the handle is either squeezed too hard or released. It comes in its own bag, and is small enough that it can be worn on your harness and carried from job to job like any other tool for work at height. Or, if you prefer the peace of mind of an Escape Solution that utilizes an 11 mm rope used with a stainless steel, two person rated, auto-locking descent device like the PowerLock™, the TowerTek™ may be just what you have been looking for.

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EMERGENCY ESCAPE FOR THE TOWER CRANE OPERATOR

Tower Crane Operators work in a world high above ready help from most emergency responders, so it only makes sense to be well prepared for urgent evacuation in case of an emergency.

WHAT YOU LEARN:
During the course, we can also help you decide which PMI Personal Escape Solution best meets your unique needs: the ultra lightweight Micron Personal Escape Solution, with its fire-resistant Technora™ 6.5 mm rope, or the heavier duty EvacPack, featuring 11 mm rope and the PowerLock™ descender. Both solutions feature an auto-locking “panic mode” if the handle is either squeezed too hard or released. Each comes in its own bag, and are small enough to be stored unobtrusively in the crane-cab.

This course can also be customized to use different escape systems.

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COMPETENT TOWER CLIMBER/RESCUER

At VRSTM, we offer unparalleled custom instruction in tower climbing and rescue after a fall. Stressing simplicity (no knots!) and a common-sense approach to rescue, the PMI® TowerTek™ Rescue Solution is designed to get the job done using a minimal amount of gear, thereby eliminating the head scratching that can waste valuable seconds.

This course was created to arm those who work at height with the tools, knowledge and expertise to climb safely, and to affect self or companion rescue quickly and efficiently using the revolutionary PMI® TowerTek™ Rescue Solution (ANSI Z359.4-2007).

This course meets the criteria established by the National Association of Tower Erectors (NATE®) Tower Climber Fall Protection Training Standard (2008 edition). The classroom session will focus on the importance of establishing a rescue pre-plan, OSHA compliance, PPE use, fit and inspection and rescue theory. A strong emphasis on multiple repetitions of rescues is used to maintain a high level of participant retention. Suspension Intolerance avoidance and treatment will also be addressed.

WHAT YOU LEARN:
The field portion of the Competent Tower Climber/Rescuer course will teach Self-Rescue, Raising, Rescue by Lower and Rescue by Descent using the PMI® TowerTek™ Rescue Solution.

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If VRS™ conducts this course at your location, and if it immediately precedes Competent Tower Climber/Rescuer Train the Trainer (page 17), you get the Trainer course at 1/2 price! ($1,300/4 students)
what is NATE®?

The National Association of Tower Erectors is an non-profit trade association, providing a unified voice for tower erection, maintenance and service companies. NATE® is headquartered in Watertown, South Dakota with a staff of seven people who administer the day-to-day operation of the association. As a member-driven association, NATE® is directed by its Board of Directors. These individuals come from all types and sizes of companies located throughout the United States.

NATE® Mission Statement:
To pursue, formulate and adhere to uniform standards of safety to ensure the continued well-being of tower personnel.
To educate the general public, applicable government agencies and clients on continued progress toward safer standards within the industry.
To keep all members informed of issues relevant to the industry.
To provide a unified voice for tower erection, service and maintenance companies.
To facilitate effective safety training for the industry.
RESCE FROM FALL PROTECTION

Every job performed at height is different, and so it is that every job site rescue performed by those who work at height differs as well. If you work in an industry where fall protection gear is being worn at height (like window washing, scaffolding, water tower construction and maintenance, offshore platform maintenance), this is the course for you. The course also covers rescue of workers who fall onto their Self Retracting Lifeline (SRL), or Fall Arrest Block, and are hanging suspended.

WHAT YOU LEARN:
The Rescue From Fall Protection Course offers participants the opportunity to receive manufacturer approved instruction on one of the simplest and most versatile rescue systems on the market - the PMI® FallTek™ Rescue Solution (ANSI Z359.4-2007).

Course participants will learn to effect companion rescue by controlled descent and companion rescue by lower, as well as how to secure and raise the subject, using minimal personnel and without having to learn to tie knots or construct complicated mechanical advantage systems.

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If VRS™ conducts this course at your location, and if it immediately precedes Rescue From Fall Protection Train the Trainer (page 17), you get the Trainer course at 1/2 price! ($1,300/4 students)
RESCUE FROM FALL PROTECTION, DIFFICULT ACCESS

High voltage tower linemen, wind turbine workers in the hub of a nacelle or in the blades, offshore platform maintenance crews—all work in dangerous and complex environments that may necessitate a complicated on site rescue.

WHAT YOU LEARN:
The PMI® OmniTek™ Rescue Solution was developed in conjunction with Basin Electric, the nation’s largest rural electric cooperative, to achieve both horizontal and vertical movement of an incapacitated worker on a high voltage tower. The extra rigging included in the kit can be used to rig a “skate block”, or cross haul, of the subject before raising or lowering them.

4 Days
Open Enrollment: $1,325/Student
VR63004
At your US Location: $8,281/6 students
VR63005

Open Enrollment
$1,325/Student
VR63004

At your US Location
$8,281/6 students
VR63005
PORTABLE HIGH DIRECTIONALS: MODULE I

Course can be customized for either work at height applications or for rescue. This is a basic one day rope technician introductory course that instructs participants in the use of portable anchor systems, focusing on the TerrAdaptor™.

WHAT YOU LEARN:
Upon successful completion of Module I, all participants will be able to accomplish the following:
• Demonstrate proper safety protocols when working with portable anchors.
• Demonstrate proper assembly of the TerrAdaptor™ tripod congruent with the manufacturer’s instructions.
• Construct and safely operate a main and belay line system with a standard tripod configuration in place.
• Understand and construct a back-tie system to stabilize the tripod during operation.
• Understand and perform basic communication for raises and lowers using a portable anchor.

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PORTABLE HIGH DIRECTIONALS: MODULE II

Course can be customized for either work at height applications or for rescue. This is a two day rope technician intermediate skills course that instructs participants in the use of portable anchor systems, focusing on the TerrAdaptor™.

WHAT YOU LEARN:
Upon successful completion of Module II, all participants will be able to accomplish the following additional skills:
• Demonstrate proper safety protocols when working with intermediate configurations of portable anchors.
• Demonstrate proper assembly of the TerrAdaptor™ as a monopod (gin pole) and bi-pod (angled A frame) portable anchor congruent with the manufacturer’s instructions.
• Construct and safely operate a high line in addition to a main and belay line system using a standard tripod configuration as well as mono-pod and bi-pod configurations in place.
• Understand intermediate principles of force multipliers as they apply to whiteboard analysis of critical angles and resultant forces.

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PREREQUISITE: Successful Completion of Module I
PORTABLE HIGH DIRECTIONALS: MODULE III

Expect a very strong emphasis on analysis of multiple vector and resultant forces on a portable anchor system using whiteboard analysis. Course can be customized for either work at height applications or for rescue. This is an advanced two day rope technician intermediate skills course that instructs participants in the use of portable anchor systems, focusing on the TerrAdaptor™.

WHAT YOU LEARN:
Upon successful completion of Module III, all participants will be able to accomplish the following additional skills:
• Demonstrate proper safety protocols when working with advanced configurations of portable anchors.
• Construct and safely operate high lines and sloping high lines using all possible combinations of configurations of the TerrAdaptor™.
• Understand advanced principles of force multipliers as they apply to whiteboard analysis of critical angles in high line rigging and the calculation of critical angles.

PREREQUISITE: Successful Completion of Module II

PORTABLE HIGH DIRECTIONALS:
THREE MODULE SERIES

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ROPE ACCESS FOR THE PROFESSIONAL RESCUEER

The great thing about rope access technicians is that they can get to places that almost no one else can. Unfortunately, this can also make them very difficult to rescue in the event of a mishap.

WHAT YOU LEARN:
Advanced rescue techniques, comparable to a Level III SPRAT® skill set, will be the focus of this course, in order to provide the techniques and advanced thinking skills necessary for an advanced rescue that may be required as a professional rescuer. Repetitions of hands-on applications will be key during this course.
TOWER RESCUE FOR THE PROFESSIONAL RESCUER

Even in the very best of scenarios, tower rescue for the professional can be a daunting task. The dangers of extreme height, high voltage, microwave radiation, radio frequency exposure and gusting winds make tower rescue one of the toughest calls the professional rescuer deals with. And with the number of tower erections skyrocketing (there are currently about 200,000 cell sites in the US and the number is expected to nearly double in the next five years, according to The Wireless Estimator), the likelihood of a tower rescue in your department’s response area increases almost daily. This course uses the curriculum established by the National Association of Tower Erectors (NATE®) for Competent Person Climbing and goes one step further by teaching small team tower rescue techniques to the professional rescuer, per NFPA 1670.

WHAT YOU LEARN:
At VRS™, we know there is more to tower rescue than just good rigging. Safe climbing techniques, tower-type identification, lockout/tagout procedures and Radio Frequency (RF) exposure all go hand in hand with these challenging rescues. This course will also familiarize the student with some of the tools and techniques unique to tower work and rescue.

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ROPE ACCESS CERTIFICATION COURSE (SPRAT®)

Rope access provides a safe, cost-effective, and efficient means of access, egress, and positioning for work at height:

- Construction
- Engineers
- Inspectors
- Window washers
- Maintenance of structures, buildings, towers, bridges

This four-day course will provide the information and skills you need to pass the SPRAT® certification session that will be held on the fifth day by an independent SPRAT® Evaluator.

Adding a SPRAT® certification to your toolbox will improve your chances of being hired as employers increasingly rely on SPRAT®-certified workers for their skill and practice in safety and awareness while on the job.

WHAT YOU LEARN:
Participants will learn many skills, including but not limited to:
- Ascending and descending
- Rope to rope transfers
- Passing knots
- Short and long re-belays
- Passing deviation anchors
- Passing and installing rope protection
- Basic knot craft
- The importance of fall factors
- Mechanical advantage systems

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SPRAT® Levels Two and Three are also available, providing participant can provide proof of necessary hours for evaluation.
what is SPRAT®?

SPRAT (Society of Professional Rope Access Technicians) was established in the mid 90’s to address the needs of a growing number of companies and operators employing rope access techniques in North America. While various forms of rope access had been used in industry for decades, the development of modern rope access systems collided with the growth of industries that provided conventional means of access such as scaffolding and swing-stages. These conventional methods required standard fall arrest systems.

Without specific standards and legislation in North America to support rope access systems, companies and operators were at times prevented from working by safety managers and legislators. SPRAT’s development of industry-consensus standards, including Safe Practices for Rope Access Work and Certification Requirements for Rope Access Work, not only raised the awareness of the safety and effectiveness of rope access systems, but also paved the way for California’s Department of Industrial Relations effort to create one of the first laws sanctioning the use of rope access systems in North America. Since then, Alberta and New York City have followed suit with support from SPRAT and its members.

SPRAT’s mission is to advance the safe use of rope access through education, developing standards, and administering certifications. Since 2001, thousands of rope access technicians representing dozens of companies and government agencies have been certified to SPRAT standards. Currently, SPRAT supports companies and technicians using rope access with regulatory support, networking, and opportunities to participate in developing industry-consensus standards.
**COMPETENT PERSON PPE INSPECTOR**

No one knows your PPE and life safety gear like the people who manufacture and distribute it. Vertical Rescue Solutions™ by PMI can give you and your employees the information and resources to set up and maintain a PPE use and inspection documentation program for the gear you trust your life to.

**WHAT YOU LEARN:**

Upon completion of this course, the participant will be able to set up and implement a gear inspection, use and retirement program for their organization. The proper fit and usage of PPE, and PPE for specialized applications will be covered as well.

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VERTICALRESOURCESOLUTIONS.COM  •  303-800-1708 ext. 51
RESCUE FROM FALL PROTECTION
TRAIN THE TRAINER

There will be a great deal of hands-on time in this course. The field sessions will cover the best use of the FallTek™ Rescue Solution for a variety of scenarios, emphasizing effective approaches to sharing this information with future students. Self-rescue, companion rescue by controlled descent, companion rescue by lowering, and companion rescue by raise using the FallTek™ Rescue Solution are covered.

Upon completion, participants in this course will receive a certificate, reproducible course material and photo ID. They will also be listed on the VRS™ website as VRS™ Approved Trainers for the FallTek™ Rescue Solution.

WHAT YOU LEARN:
This course will provide:
- Additional insights
- Course manuals
- Tests
- Skills checklists
- Pre-packaged PowerPoint® presentations
- Equipment tips for trainers who want to teach their own Rescue From Fall Protection Course.

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PREREQUISITE: Before taking the Trainer Course, potential trainers must have successfully completed the Rescue From Fall Protection Course – page 8

If VRS™ conducts this course at your location, and if it immediately follows Rescue From Fall Protection (page 8), you get this Trainer course at 1/2 price! ($1,300/4 students)

TOWERTEK™ TRAIN THE TRAINER

There will be a great deal of hands-on time in this course. The field sessions will cover the best use of the TowerTek™ Rescue Solution for a variety of scenarios, emphasizing effective approaches to sharing this information with future students. Self-rescue, companion rescue by controlled descent, companion rescue by lowering, and familiarization with the dangers of suspension intolerance are covered.

Upon completion, participants in this course will receive a certificate, reproducible course material and photo ID. They will also be listed on the VRS™ website as VRS™ Approved Trainers for the TowerTek™ Rescue Solution.

WHAT YOU LEARN:
This course will provide:
- Additional insights
- Course manuals
- Tests
- Skills checklists
- Pre-packaged PowerPoint® presentations
- Equipment tips for trainers who want to teach their own Competent Tower Climber/Rescuer Course.

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PREREQUISITE: Before taking the Trainer Course, potential trainers must have successfully completed the Competent Tower Climber/Rescuer Course – page 6

If VRS™ conducts this course at your location, and if it immediately follows Competent Tower Climber/Rescuer (page 6), you get this Trainer course at 1/2 price! ($1,300/4 students)
RESCUE/SAFETY CONSULTING

Employers have more responsibility than ever for the safety of their workers. In the often confusing and ever-changing world of safety compliance, we not only know the rules, we’ve helped write a few ourselves. PMI and VRS™ staff members are active participants in:

- ANSI
- NFPA
- The Cordage Institute
- SPRAT®
- ASTM
- ASSE

At VRS™, we can help your company formulate a detailed Rescue After A Fall Pre-Plan and Managed Fall Protection Plan that will both keep your company in compliance with current OSHA and ANSI standards, and also provide your company with real world safety and rescue solutions.

We offer much more than compliance. VRS™ can help establish a foundational culture of safety that begins at the end of a rope and extends past the anchor into the front office. If your company needs help developing a comprehensive rescue plan for work at height - we can help.

Please Call for Quote
FAQS:

Why are there two prices listed for each course? What’s the difference?
VRS™ courses can be taken at our PMI training facility (OPEN ENROLLMENT) or at your preferred location. Pricing differs due to costs of transportation and lodging for our Instructors to travel to your location, as well as the shipping of equipment necessary for the course.

What’s included in a course?
All VRS™ courses include:
• Continental breakfast each day of course
• OPEN ENROLLMENT: lunch each day of course
• Instructional manual
• Certificate of Completion (upon successful completion of course)
• Some courses also offer an identification card (upon successful completion of course)
• Necessary rigging equipment for the course
• OPEN ENROLLMENT: individual equipment is provided at no cost to the students, if requested
• AT YOUR LOCATION: all Instructor costs are included (lodging, transportation, meals, etc.)

What’s NOT included in a course?
• OPEN ENROLLMENT: student lodging, transportation, and dinner are not provided when a student participates in a course at our PMI training facility.
• AT YOUR LOCATION: student lodging, transportation, lunch and dinner, facility for the course, and individual PPE are not provided.

Will VRS™ travel internationally to my location, to provide a course? Are there additional costs involved?
Yes! VRS™ will travel anywhere in the world, as allowed by permits and travel restrictions. There is an additional travel fee per international course, depending on your continental location. Contact your PMI International Account Manager for more information (custserv@pmirope.com), or VRS™ staff at verticalrescuesolutions@pmirope.com.

I’m a PMI Dealer – can I sell VRS™ courses to my customers, along with PMI equipment?
Yes! Contact your PMI Account Manager for more information.
If you are unsure of your PMI Account Manager, please contact custserv@pmirope.com.

I’m not sure if I have the proper equipment to participate in a course – what are my options?
Contact VRS™ staff beforehand verticalrescuesolutions@pmirope.com or 303-800-1708 x51 For OPEN ENROLLMENT, use of PPE equipment for the course is available upon request at no charge.
For AT YOUR LOCATION courses, you will need to plan ahead to have necessary equipment. If you have issues, please contact VRS™ staff for recommendations and/or to contact your local PMI dealer.

What’s your cancellation policy?
• Cancellations 21 days or more before a course date are subject to a 100% refund, minus a 10% administrative fee
• 15-20 days before course start date = 50% refund
• 7-14 days before course start date = 25% refund
• A cancellation less than 7 days before course start date, or a “no show” = no refund
NOTE: International destinations require twice the above timelines!
*Substitutions of students before course start date ARE allowed.

How soon do I need to register for a VRS™ course?
• OPEN ENROLLMENT courses are available online until 14 days before the course start date.
• Courses AT YOUR LOCATION need to be requested a minimum 6 weeks prior to course start date.
NOTE: International destinations require twice the above timelines!

Are there any discounts available?
Yes! If you register a minimum of 30 days before the course start date for an open enrollment course at PMI, you receive a 10% discount!
Also, PMI Dealers receive their prearranged agreement costs, similarly to those of PMI equipment.
NOTE: Dealers are not eligible for the Early Bird Discount for VRS™ courses sold
For more information on Open Enrollment Courses held at our PMI Training Facility, contact VRS™.

Don’t see the course you are looking for? Contact VRS™ for special inquiries or custom courses: 303-800-1708 ext. 51.

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